

Participating Opticians

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| Simon Browning | Bedford | 01234 353454 |
| Boots Kempston | Kempston, Beds | 01234 210803 |
| Brown & White | Bedford | 01234 855385 |
| Boots Bedford | Bedford | 01234 219153 |
| Specsavers Bedford | Bedford | 01234 348944 |
| Adam Loveday | Biggleswade | 01767 600545 |
| Specsavers Biggleswade | Biggleswade | 01767 314247 |
| Specsavers Aylesbury | Aylesbury | 01296 469700 |
| Specsavers Bletchley | Bletchley | 01908 365533 |
| Davis Optometrists | Olney, Bucks | 01234 712500 |
| Specsavers Dunstable | Dunstable | 01582 475404 |
| Specsavers Hitchin | Hitchin | 01462 422255 |
| DH Redfern /Juma Opticians | Leighton Buzzard | 01525 372157 |
| Specsavers Leighton Buzzard | Leighton Buzzard | 01525 219030 |
| King Eyecare | Leighton Buzzard | 01525 850312 |
| Specsavers Letchworth | Letchworth GC | 01462 708970 |
| S Robinson | Luton | 01582 503616 |
| Specsavers Luton | Luton | 01582 484300 |
| Specsavers Milton Keynes | Milton Keynes | 01908 662116 |
| Allders Opticians | Northfleet | 01474 531122 |
| Specsavers Rushden | Rushden | 01933 417870 |
| Noble Opticians | Rushden | 01933 312551 |
| Specsavers St Neots | Saint Neots | 01480 210820 |
| Hing Opticians | Shefford | 01462 811852 |
| Specsavers Wellingborough | Wellingborough | 01933 228600 |



Bedfordshire Minor Eye Conditions Service

Minor Eye Problems?



If you have a recent problem with your eyes such as sore eyes, red eyes or visual disturbance you can be assessed and treated by our local Minor Eye Conditions Service.

This is a free service for patients registered with a Bedfordshire GP, which is available from a number of local opticians.

See inside for more information on what conditions are covered and how to book an appointment.

What is a Minor Eye Conditions Service (MECS)?

Conditions that can be seen under the service include:

- Red eye or eyelids
- Dry eye, or gritty and uncomfortable eyes
- Irritation and inflammation of the eye
- Significant recent sticky discharge from the eye or watery eye
- Recently occurring flashes or floaters
- Ingrowing eyelashes
- Recent and sudden loss of vision
- Foreign body in the eye

Please note, this is not a sight test

Also, if you have a major eye condition that is being regularly monitored by your optometrist or hospital eye service, this will not be covered by this service; for example, cataracts, diabetic retinopathy or glaucoma.

Where should I go?

Optometry practices (opticians) authorised to provide the service are listed on the back of this leaflet. An appointment will normally be required, so telephone first. Appointments are available during normal working hours and some practices offer appointment at weekends. Not all practices have an optometrist available every day, but if they don't,

they will be able to find you an alternative appointment nearby.

Who is this service for?

If you are registered with a local GP you can use this free service. It is for people of all ages – adults and children. Children under 16 years must be accompanied at their appointment by an adult.

How do I book an appointment with the service?

To make an appointment, call one of the opticians on the back of this leaflet. You will be asked some questions about your symptoms in order to assess how quickly you need to be seen by the service, which will be within 24 hours in urgent cases and within a few days for routine appointments.

Please take your glasses and a list of your current medication with you to the appointment. The optometrist may put drops in your eyes to enlarge your pupils in order to get a better view inside your eyes. You should not drive until the effects of these drops have worn off, which may take a few hours.

If your condition is more serious, the optometrist will book you an urgent appointment at a hospital eye clinic. If you need a routine appointment with a hospital, the optometrist will organise this for you. You may also be advised to make an appointment with your GP if your eye condition is related to your general health.

Service Managed by:
Primary Eyecare North Yorkshire & Humber Ltd